
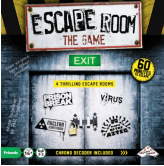










JANUARY 17-21 2022 ONLINE

Mon	Evening	Wed	Thu	Fri
17	18	19	20	21
<p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p>10:45-11:00 Daily Calendar, Stretches & updates with Jeff</p> <p>11:00 Draw Along with Miranda</p>  <p>1:15 Escape Room with Kayleigh</p> 	<p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p>10:45-11:00 Daily Calendar, Stretches & updates with Miranda</p> <p>11:00 Current Affairs with Jeff</p>  <p>1:15 Music with Emily</p> 	<p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p>10:45-11:00 Daily Calendar, Stretches & updates with Kristy</p> <p>11:00 Workout Wednesday with Miranda</p>  <p>1:15 Family Feud with Kayleigh</p> 	<p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p>10:45-11:00 Daily Calendar, Stretches & updates with Jeff</p> <p>11:00 Jeopardy with host: Ryan Littlejohn</p>  <p>1:15 Music with Kristy</p> 	<p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p>10:45-11:00 Daily Calendar, Stretches & updates with Kayleigh</p> <p>11:00 Guess the object with Jeff</p> <p>*Find an object in your home, hold it in your hands away from the camera and your friends have to guess what it is you are holding!</p>  <p>1:15 Wellness with Special Guest: Frankie Dumont</p>  <p>WELLNESS DAYS</p>

The program that starts at 10:45 is for anyone who wants to just pop on and say hello-you can stay for as little or as long as you like (the program starting at 11am will be using the same ZOOM link as 10:45 program)