











JANUARY 10-14 2022 ONLINE

Mon	Evening	Wed	Thu	Fri
10	11	12	13	14
<p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p>10:45-11:00 Daily Calendar, Stretches & updates with Kristy</p> <p>11:00 Let's make a soup (AKA what is in Jeff's cupboards) Let's help Jeff make a soup with ingredients he already has in his home!</p>  <p>1:15 BINGO with Miranda</p>  <p>*Full card winner gets a skip the dish dessert of their choice sent to their house!</p>	<p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p>10:45-11:00 Daily Calendar, Stretches & updates with Jeff</p> <p>11:00 Movie Trivia with Kayleigh</p>  <p>1:15 Music with John MacDonald</p> 	<p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p>10:45-11:00 Daily Calendar, Stretches & updates with Kayleigh</p> <p>11:00 Workout Wednesday with Miranda</p>  <p>1:15 Drama Games with Tracy!</p> 	<p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p>10:45-11:00 Daily Calendar, Stretches & updates with Miranda</p> <p>11:00 Phone a friend with Jeff</p>  <p>1:15 What makes a good support worker- Q&A with DSW students from CTS Canadian Career College</p> 	<p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p>10:45-11:00 Daily Calendar, Stretches & updates with Kayleigh</p> <p>11:00 Harry Potter Trivia with host: James and co host Tasha</p>  <p>1:15 Music with Jeff</p> 

The program that starts at 10:45 is for anyone who wants to just pop on and say hello-you can stay for as little or as long as you like (the program starting at 11am will be using the same ZOOM link as 10:45 program)