

# July 19-23 2021 ONLINE Calendar

Mon	Tue	Wed	Thu	Fri
19	20	21	22	23
<p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p><b>10:00 Draw Along</b> with Miranda( DOG Edition) (VIRTUAL)</p>  <p><b>11:00 Wonders of the World</b> with Cheyenne (VIRTUAL)</p>  <p><b>1:15 Ugliest and Cutest Animals</b> with Tracy (VIRTUAL)</p>  <p><b>6:30pm Voyager Route History Class</b>-furs &amp; friends with Jeff (VIRTUAL)</p> 	<p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p><b>10:00 Current Affairs</b> with Tracy (VIRTUAL)</p>  <p><b>1:15 PADDLE Trivia</b> with Miranda (VIRTUAL)</p>  <p><b>6:30pm Open Art Night</b> with Cheyenne &amp; Jeff Use whatever supplies you had and join in to create your own masterpiece! (VIRTUAL)</p> 	<p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p><b>**11:00 Workout Wednesday</b> ZUMBA WITH KINDRA FROM THE STUDIO! (VIRTUAL)</p>  <p><b>1:15 Music</b> with Shawn (VIRTUAL)</p>  <p><b>6:30pm Games</b> with Ryan Littlejohn (VIRTUAL)</p> 	<p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p><b>10:00 Music</b> with Kristy(VIRTUAL) We will be joined by our friend Sarah Brophy and her new friends in Ottawa!</p>  <p><b>1:15 No Bake Baking</b> with Miranda (BERRY TRIFLE) (VIRTUAL)</p>  <p>Ingredients needed: -Angel Food Cake -Vanilla Pudding (pre made or make your own before) -Whatever berries you like about 3 cups worth -Container Cool Whip</p>	<p>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</p> <p><b>10:00 Cardio Friday</b> with Miranda (VIRTUAL)</p>  <p><b>11:00 North Bay Patios</b> with Cheyenne Exploring what restaurants in North Bay have outdoor dining options! (VIRTUAL)</p>  <p><b>1:15 Google Hang Outs 101</b> (learning about it and how to use it to stay connected with our friends) with Miranda (VIRTUAL)</p>

