



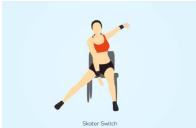
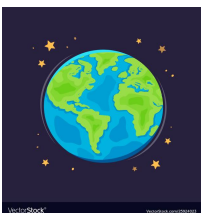

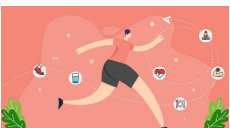



# MARCH 8-12 2021 ONLINE Calendar

Mon	Tue	Wed	Thu	Fri
8	9	10	11	12
<p><b>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</b></p> <p>10:00 Gentle seated Yoga/Meditation with Miranda <b>(VIRTUAL)</b></p>  <p>1:15 Name that Tune with Kristy! <b>(VIRTUAL-ZOOM)</b></p> 	<p><b>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</b></p> <p>10:00 Current Affairs with Jeff <b>(VIRTUAL)</b></p>  <p>1:15 Photography without Borders with Vanessa! <b>(VIRTUAL)</b> Vanessa is a photographer/video grapher that will be travelling to Krrgyzstan –learn all about why she’s going!</p> 	<p><b>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</b></p> <p>10:00 Workout Wednesday with Miranda! <b>(VIRTUAL)</b></p>  <p>1:15 Around the World with Sara &amp; Melissa</p> 	<p><b>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</b></p> <p>10:00 Women’s Wellness with Megan &amp; Miranda <b>(VIRTUAL)</b></p>  <p>1:15 Men’s Health Jeff <b>(VIRTUAL)</b></p> 	<p><b>*PADDLE CLOSED ONSITE/ VIRTUAL PROGRAMS ONLY</b></p> <p>10:00 Come and Play with Canadore <b>(VIRTUAL)</b></p> <p>11:00 Wellness with Reanna <b>(VIRTUAL)</b></p>  <p>1:15 Music, garden chats and catch up with Damien from The Gathering Place Garden <b>(VIRTUAL-ZOOM)</b></p> 