












DECEMBER 2019

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
9:00 Good Morning	9:00 Good Morning	9:00 Good Morning	9:00 Good Morning	9:00 Good Morning
9:30 Stretch/Calendar	9:30 Stretch/Calendar	9:30 Stretch/Calendar	9:30 Stretch/Calendar	9:30 Stretch/Calendar
10:00 Gym Time	10:00 Gym time OR Menu Planning	10:00 Book Club OR Christmas baking-no bake edition	10:00 Interactive Music OR Current Events	10:00 Acts of Kindness
11:00 Brainstorming for January Calendar	10:45 Card Making: Birthday & Christmas Cards	10:45 Lunch Prep	10:45 Lunch Prep	11:00 Music with Jeff
12:00 LUNCH	12:00 LUNCH	11:45 LUNCH	12:00 LUNCH	
1:15 CAN DO THEATRE	12:00 LUNCH	1:15 CRAFTERNOON	1:15 Decorating PADDLE and setting up the tree for Christmas! & Invitation making for our annual Christmas Tea	11:45 LUNCH
OR	1:15 CHRISTMAS CAROL SING A LONG WITH ISSACHAR	DIY Christmas Ornament Making		BOOK PARABUS TO ARRIVE AT NORTHGATE (tower doors) at 1:15
INDEPENDENT LEARNING bakes for the Christmas Tea!		2:15 Music 		
	2:00 Free Time			1:15 Shopping *bring a list if you want help to start your Christmas shopping!
				Pick up 3pm at Northgate tower doors

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Mon	Tue	Wed	Thu	Fri
9	10	11	12	13
9:00 Good morning 9:30 Stretch/Calendar 10:00 Gym Time 11:00 Music  12:00 LUNCH 1:00 Setting up for CAN DO Performance 1:45 CAN DO THEATRE PERFORMANCE *Family welcome to attend afternoon performance piece of CAN DO Theatre starting at 1:45pm	9:00 Good Morning 9:30 Stretch/Calendar 10:00 Gym OR Menu Planning 10:45 Watch & Learn 12:00 LUNCH 1:15 Christmas Cookie BAKE OFF 	9:00 Good Morning 9:30 Stretch/Calendar 10:00 Book Club 10:45 Lunch Prep 12:00 LUNCH BOOK PARABUS TO ARRIVE AT WINNERS FOR 1:15  1:15 Shopping at Mini Mall Pick up 3pm at Winners	9:00 Good Morning 9:30 Stretch/Calendar 10:00 Interactive Music OR Current Events 10:45 Lunch Prep 12:00 LUNCH 1:15 Music with Darius  2:00 Free Time	9:00 Good Morning 9:30 Stretch/Calendar 10:00 Music with Kristy  10:45 Games! Wii/Air Hockey/Board Games/Cards 11:45 LUNCH BOOK PARABUS TO ARRIVE AT APOLLO GYMNASTICS FOR 1:30 1:30 Apollo with Coach Kayleigh Pick up 3pm at Apollo

DECEMBER 2019

Mon	Tue	Wed	Thu	Fri
16	17	18	19	20
<p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Gym Time-Zumba with Kindra from The Studio</p> <p>11:00 Music</p>  <p>11:45 Menu Planning</p> <p>BOOK PARABUS TO ARRIVE AT Wacky Wings for 12:45</p> <p>12:45 Lunch at Wacky Wings to celebrate Tasha and Allison's Birthdays!</p> <p>Cost: \$15-30</p>  <p>Pick up 3pm at Wacky Wings</p>	<p>BOOK PARABUS TO ARRIVE AT NO FRILLS ON LAKESHORE FOR 9am</p> <p>*PADDLE staff will arrive by 8:30am</p> <p>9-12 MOVIE @Cineplex</p> <p>There are 2 movies to choose from (*note handed out Nov 12-must be returned by Nov 21)</p> <p>9:30 Abominable OR Jumanji-the next level</p> <p>COST: Participants & Staff \$7.50 PER PERSON (must be pre paid by Nov 21) Concession stand will be open for those who want to purchase a snack</p> <p>BOOK PARABUS TO ARRIVE BACK AT PADDLE FOR 12:15</p> <p>12:15 LUNCH</p> <p>1:15 Ukulele Club comes to PADDLE</p>  <p>2:15 Free Time</p>	<p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Book Club</p> <p>10:30 Lunch Prep</p> <p>11:30 LUNCH</p> <p>BOOK PARABUS TO ARRIVE AT RORAB SHINERS CLUB for 1:00</p> <p>1:30-3:00 Christmas Tea *Join us for an afternoon of Christmas cheer!</p> <p>*ALL WELCOME TO ATTEND THE AFTERNOON</p> <p>Pick up 3pm at Rorab Shiners Club</p>	<p>Book PARABUS TO MEET AT NORTHGATE SHOPPING MALL-TOWER DOORS FOR 9am</p> <p>*paddle staff will arrive by 8:30am *there will be no programs at PADDLE until 11:15am</p> <p>9:30-11:00 Coffee & Christmas Shopping *bring a list if you need help with purchasing any Christmas gifts</p> <p>BOOK PARABUS TO ARRIVE BACK AT PADDLE FOR 11:15</p> <p>11:15 Free Time</p> <p>12:00 LUNCH</p> <p>1:15 Music with Shawn and Sam</p>  <p>2:15 Christmas carol sing-a-long FT the angelic voice of Megan Johnson</p>	<p>PJ day! *wear your PJs to PADDLE today (if you want!)</p> <p>9:00 GOOD MORNING-BREAKFAST AT PADDLE!! We will be making Waffles and Sausages!!</p>  <p>10:30 PADDLE FAM JAM & OPEN MIC with Jeff and Kristy</p> <p>11:30 Locker Clean out</p>  <p>12:00 LUNCH</p> <p>1:00 Watching a Christmas Movie</p> <p>See you January 6th!</p>

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