










MARCH 2018

Mon	Tue	Wed	Thu	Fri
			<p style="text-align: right;">1</p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Lunch Prep OR Interactive Music</p> <p>11:00 Book Club (choose your own adventure) or literacy club</p> <p>11:45 LUNCH</p> <p>BOOK PARABUS TO ARRIVE AT capitol centre parking lot FOR 1:15</p> <p>Women's wellness special outing-Stix & Stones crafting class Cost: \$5</p> <p>Men's Health special outing- Partners Pool Hall Cost: PADDLE will cover the cost of pool bring money if you would like to purchase a snack</p> <p>Pick up 3pm at Capitol Centre Parking lot</p> <p>*Pick up and drop offs for both outings at the same location- capitol centre parking lot</p>	<p style="text-align: right;">2</p> <p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Music with Jeff</p>  <p>10:45 Kindness paper project</p> <p>11:15 LUNCH</p> <p>BOOK PARABUS TO ARRIVE to arrive at Capitol Center Parking lot for 12:45</p> <p>1:00 Dance Expressions Dance Recital</p>  <p>Cost of show: \$2 per person</p> <p>Pick up 3pm at Capitol Centre Parking lot</p>





MARCH 2018

Mon	Tue	Wed	Thu	Fri
5	6	7	8	9
9:00 Good Morning	9:00 Good Morning	9:00 Good Morning	9:00 Good Morning	9:00 Good Morning
9:30 Stretches/Calendar	9:30 Stretches/Calendar	9:30 Stretches/Calendar	9:30 Stretches/Calendar	9:30 Stretches/Calendar
10:00 Menu Plan	10:00 Fundraising Club	10:00 Lunch Prep & Healthy Living OR Book Club (Children's Classics) & Sensory Relaxation	10:00 Lunch Prep OR Interactive Music	10:00 Music PADDLE Family Jam
10:30 Grocery Shopping at Food Basics	11:30 Free Time	11:45 LUNCH	11:00 Book Club (choose your own adventure) or literacy club	
	12:00 LUNCH	BOOK PARABUS TO ARRIVE AT NORTHGATE SQUARE at 1:30	12:00 LUNCH	11:15 Outdoor games and activities
12:00 LUNCH	1:15 Group Art Project		1:15 Crafting with special guest Willow	BOOK PARABUS TO ARRIVE AT CASEY'S FOR 12:45
1:15 New Music Monday		1:30 Shopping at Northgate		
		*bring a list if you would like help purchasing any items (such as shampoo, toothpaste etc...)		12:45 Birthday Lunch celebrations!
2:15 Free Time		Pick up 3pm at Northgate Square Tower Doors		Cost: \$15-30
				Pick up 3pm at Casey's



MARCH 2018

Mon	Tue	Wed	Thu	Fri
12	13	14	15	16
9:00 Good Morning	9:00 Good Morning	9:00 Good Morning	9:00 Good Morning	9:00 Good Morning
9:30 Stretch/Calendar	9:30 Stretch/Calendar	9:30 Stretch/Calendar	9:30 Stretch/Calendar	9:30 Stretch/Calendar
10:00 Menu Planning	10:00 Art	10:00 Lunch Prep & Healthy Living OR Book Club (Children's Classics) & Sensory Relaxation	10:00 Lunch Prep OR Interactive Music	10:00 Music with Bryan
10:30 Groceries at Food Basics	BOOK PARABUS TO ARRIVE AT NORTH BAY MALL FOR 11:00am	11:45 LUNCH	11:00 Book Club (choose your own adventure) or literacy club	
	11:15 Lunch & Movie at Galaxy Cinema	11:45 LUNCH	11:45 LUNCH	10:45 Wii Bowling Tournament
12:00 LUNCH		1:15 Music with Darius	1:00 Super Mega Fun Beach Party!!	11:45 LUNCH
1:15 New Music Monday	* bring a bagged lunch OR purchase a lunch at the a mall			1:15 Making Shamrock cookies with Brad
	*keep posted on PADDLE facebook for movie choices as the date gets closer	2:15 Free Time	*Games	
2:00 Coloring/Puzzles	*please be aware the pick up may be later than 3pm depending on what time the movie starts.		*Music	
	*popcorn and snacks extra!		*Food	
	*bring access card if you have one		*General Shenanigans	
	Cost for Movie: \$6.99 for regular movie +tax \$9.99+tax for 3D movie		Come dressed up in your best summer outfit!	
	*bring access card if you have one			
	PICK UP NO FRILLS NORTH BAY MALL			
	Exact time TBT			

MARCH 2018

Mon	Tue	Wed	Thu	Fri
19	20	21	22	23
9:00 Good Morning	9:00 Good Morning	9:00 Good Morning	9:00 Good Morning	9:00 Good Morning
9:30 Stretch/Calendar	9:30 Stretch/Calendar	9:30 Stretch/Calendar	9:30 Stretch/Calendar	9:30 Stretch/Calendar
10:00 New Music Monday!	10:00 Menu Plan	10:00 Lunch Prep & Healthy Living OR Book Club (Children's Classics) & Sensory Relaxation	10:00 Lunch Prep OR Interactive Music	10:00 Music: PADDLE Family Jam
	10:30 Grocery Shopping at Food Basics		11:00 Book Club (choose your own adventure) or literacy club	
11:30 LUNCH		11:45 LUNCH	11:45 LUNCH	10:45 Outdoor Walk
BOOK PARABUS TO ARRIVE AT YMCA FOR 12:50		BOOK PARABUS TO ARRIVE AT ONE KIDS PLACE FOR 1:30	BOOK PARABUS TO ARRIVE GYMTRIX for 1:30	12:00 LUNCH
1:00 SWIM	12:00 LUNCH			1:15 Free Time
	1:30 Learning Tai Chi			1:45 CAN DO with Michelle
				
Cost- FREE and no membership is required for this swim		1:30 Gym Time/Snoezelen Room *please bring indoor shoes	1:30 Gymnastics/Tram poline/Movement and Stretching at Gymtrix	
Pick up 3pm at YMCA		Pick up 3pm at One Kids Place	Cost: \$5 per person	
			Pick up 3pm at Gymtrix	

MARCH 2018

Mon	Tue	Wed	Thu	Fri
26	27	28	29	30
<p>BOOK PARABUS TO ARRIVE AT NORTHGATE SQUARE (Tower Doors) for 9AM</p> <p>*Everyone meet at Tower Doors *All Drop offs at Tower Doors</p> <p>PADDLE staff will arrive at 8:30am</p> <p>9:15 Coffee at Food Court</p> <p>9:30 Menu Plan</p> <p>10:15 Grocery Shopping at Walmart</p> <p>BOOK PARABUS TO RETURN TO CHIPPEWA FOR 11:30</p> <p>12:00 LUNCH</p> <p>1:15 New Music Monday</p> 	<p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Fundraising Club</p> <p>11:15 Menu Plan</p> <p>12:00 LUNCH</p> <p>1:15 Walk to Food Basics for Grocery Shopping</p> 	<p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Games OR Walk</p> <p>First Choice</p> <p>BOOK PARABUS TO ARRIVE AT BLUESKY BINGO for 12:00</p> <p>12:00-3pm Lunch & Bingo</p> <p>Cost: \$3 includes lunch & Bingo Cards Pick up 3pm at Blue Sky Bingo</p> <p>OR</p> <p>Second Choice:</p> <p>11:00 Lunch Prep 12:00 LUNCH 1:15 Music 2:00 Free Time</p> <p>Pick up 3pm at Chippewa</p> <p>*Please ensure your rides are arranged according to your choice for the afternoon. Please let Kristy know if you are staying back by Monday 27th</p>	<p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Lunch Prep OR Interactive Music</p> <p>11:00 Free Time</p> <p>11:30 LUNCH</p> <p>1:15 Women's Wellness OR Men's Health</p>	<p>GOOD FRIDAY NO PADDLE</p>

