

# JANUARY 2018

Mon	Tue	Wed	Thu	Fri
No PADDLE <span style="color: red;">1</span>	No PADDLE <span style="color: red;">2</span>	No PADDLE <span style="color: red;">3</span>	No PADDLE <span style="color: red;">4</span>	No PADDLE <span style="color: red;">5</span>

# JANUARY 2018

Mon	Tue	Wed	Thu	Fri
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<p>Welcome back!</p> <p>9:00 Good Morning!</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Social Tea: what did you do over the Christmas holidays</p> <p>11:00 New Music Monday</p> <p>12:00 LUNCH</p> <p>1:15 New Years Vision Boards</p>	<p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Craft Club OR Real Life Money Math Club</p> <p>11:15 Menu Plan</p> <p>12:00 LUNCH</p> <p>1:15 Grocery shopping at Food Basics OR Independent Learning</p>	<p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Lunch Prep OR Book Club(Children's classics) &amp; Sensory Relaxation</p> <p>11:30 Free Time</p> <p>11:45 LUNCH</p> <p>1:15 PADDLE TECHNOLOGY 101: Learning how to use social story APP, visual journaling</p>	<p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Lunch Prep OR Interactive Music</p> <p>11:00 Choose your own adventure: book reading</p> <p>12:00 LUNCH</p> <p>1:15 Women's Wellness OR Men's Health</p> <p>2:00 Music with Darius</p>	<p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Brainstorming: what is your vision for the program for the year?</p> <p>10:45 Music with Jeff</p> <p>11:45 LUNCH</p> <p><b>BOOK PARABUS TO ARRIVE AT WINNERS for 1:30</b></p> <p><b>1:30-3:00 Shopping at Winners</b></p> <p><b>Pick up 3pm at Winners</b></p>

# JANUARY 2018

Mon	Tue	Wed	Thu	Fri
15	16	17	18	19
9:00 Good Morning	9:00 Good Morning	9:00 Good Morning	9:00 Good Morning	9:00 Good Morning
9:30 Stretch/Calendar	9:30 Stretch/Calendar	9:30 Stretch/Calendar	9:30 Stretch/Calendar	9:30 Stretch/Calendar
10:00 New Music Monday	10:00 Craft Club OR Real Life Math Club	10:00 Lunch Prep OR Book Club (children's classics) & Sensory Relaxation	10:00 Interactive Music OR Outdoor Activities	10:00 Music with Kristy
11:15 LUNCH	11:15 Menu Planning	11:45 LUNCH	11:00 Choose your own adventure: book reading	10:45 Games!
<b>BOOK PARABUS TO ARRIVE AT YMCA FOR 1:00</b>	12:00 LUNCH	<b>BOOK PARABUS TO ARRIVE AT One Kids Place for 1:30</b>	11:45 Free Time	11:45 LUNCH
<b>1-2:45 Open swim at YMCA</b>	1:15 Grocery Shopping at Food Basics <b>OR</b> Independent Learning	<b>1:30-3:00 Gym Activities and/or Sensory Room Time</b>	<b>BOOK PARABUS TO ARRIVE AT PIZZA HUT FOR 1:00</b>	1:00-3:00 PADDLE in Review
*you do not need a YMCA membership to attend this swim		<b>Pick up 3pm at One Kid's Place</b>	1:00 Buffet Lunch at Pizza Hut to celebrate Lori and Alexis birthday	*watching all the PADDLE yearbooks from the past*
<b>Pick up 3pm at YMCA</b>			Cost: 9.99 plus tax for Buffet (total is \$14.33 if you get a pop)	
			<b>Pick up 3pm at Pizza Hut on Lakeshore drive</b>	

# JANUARY 2018

Mon	Tue	Wed	Thu	Fri
22	23	24	25	26
9:00 Good Morning  9:30 Stretch/Calendar  10:00 Menu Planning  10:45 Grocery Shopping at Food Basics <b>OR</b> Independent Learning  12:00 LUNCH  1:15 Making your own recycled paper: learning paper how to make paper with Bryan!	9:00 Good Morning OR YMCA  9:30 Stretch/Calendar  10:00 Craft Club OR Real Life Math Club  11:30 LUNCH  <b>BOOK PARABUS            TO ARRIVE AT            MEMORIAL            GARDENS FOR            12:50</b>  <b>1:00-1:50 Skating</b>  <b>2:00 Social time</b>  <b>Pick up 3pm at            Memorial            Gardens</b>	9:00 Good Morning  9:30 Stretch/Calendar  10:00 Lunch Prep *with special guest Dielle Raymond (naturopathic doctor) OR Book Club (children classics) & Sensory Relaxation  11:45 LUNCH  <b>BOOK PARABUS            TO ARRIVE AT            NORTHGATE            SQUARE            TOWER DOORS            for 1:30</b>  <b>1:30 Shopping            *bring a list if you            need to pick up            any essentials like            shampoo etc...</b>  <b>Pick up 3pm at            Tower Doors</b>	9:00 Good Morning  9:30 Stretch/Calendar  10:00 Lunch Prep OR Interactive Music  11:00 Choose your own adventure: book reading  12:00 LUNCH  12:00 LUNCH  1:15 CAN DO theatre with Michelle  2:15 Cards/Games	9:00 Good Morning  9:30 Stretch/Calendar  10:00 Music with Bryan  10:45 Free Time  12:00 LUNCH  1:15 CAN DO theatre with Michelle  2:15 Cards/Games

# JANUARY 2018

Mon	Tue	Wed	Thu	Fri
<b>29</b>	<b>30</b>	<b>31</b>		
<p>9:00 Good Morning/Stretch</p> <p>9:30 Stretch/Calendar</p> <p>10:00 New Music Monday</p> <p>11:45 LUNCH</p> <p><b>BOOK PARABUS TO ARRIVE AT VALUE VILLAGE FOR 1:30</b></p> <p><b>1:30 Shopping at Value Village</b></p> <p><b>2:15 Coffee Break at Tim Horton's</b></p> <p><b>Pick up 3pm at Value Village</b></p>	<p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Craft Club OR Real Life Math Club</p> <p>11:15 Menu Planning</p> <p>12:00 LUNCH</p> <p>1:15 Grocery Shopping at Food Basics <b>OR</b> Independent Learning</p>	<p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Walk OR Games</p> <p><b>BOOK PARABUS TO ARRIVE AT BLUESKY BINGO FOR 12:00</b></p> <p><b>12:00-3pm Lunch &amp; Bingo!</b> Cost: \$3.00 includes lunch and bingo cards</p> <p><b>Pick up 3pm at Blue Sky Bingo</b></p> <p><b>OR</b></p> <p>11:00 Lunch Prep</p> <p>12:00 Lunch</p> <p>1:15 Music with Kristy</p> <p>2:15 Free Time</p> <p><b>Pick up 3pm at Chippewa</b></p> <p><b>PLEASE ENSURE YOUR RIDES ARE ARRANGED ACCORDING TO YOUR CHOICE FOR THE AFTERNOON</b></p>		