

# DECEMBER 2016

Mon	Tue	Wed	Thu	Fri
			<b>1</b> 9:00 Good Morning  9:30 Calendar/Stretching  10:00 Lunch Prep OR Interactive Music  11:00 Women's Wellness OR Men's Health  11:45 LUNCH  <b>Book Parabus to            arrive at Capitol            Centre Downtown            for 1:30</b>  <b>1-3 Shopping            Downtown            *bring your            Christmas            shopping list!*</b>  <b>Pick up 3pm at            Capitol Centre            Downtown</b>	<b>2</b> 9:00 Good Morning  9:30 Calendar/Stretching  10:15 Music  11:00 Choosing our 3 acts of Kindness  12:00 LUNCH  1:15 Get Mov'in with Matt  1:45 Music with Serra

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Mon	Tue	Wed	Thu	Fri
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
9:00 Good Morning	9:00 Good Morning/OR <b>YMCA</b>	9:00 Good Morning	9:00 Good Morning	9:00 Good Morning
9:30 Stretch/Calendar	9:30 Stretch/Calendar	9:30 Stretch/Calendar	9:30 Stretch/Calendar	9:30 Stretch/Calendar
10:00 No Bake Baking	10:00 Working on our Newsletter	10:00 Lunch Prep OR Book Club (children's classics)	10:00 Lunch Prep OR Interactive Music	10:00 Act of Kindness
10:45 Games!		11:00 Lifeskills: The importance of giving	11:00 CAN DO Theatre with Michelle	10:30 Music
11:30 New Music Mondays: Learning a new song together!	11:00 Get Mov'in with Matt	12:00 LUNCH	11:45 LUNCH	11:15 Budgeting for Mall
12:00 LUNCH	12:00 LUNCH	1:15 Decorating the PADDLE room for Christmas!!!	<b>BOOK PARABUS TO ARRIVE AT MEMORIAL GARDENS FOR 12:45pm</b>	<b>BOOK PARABUS TO ARRIVE AT THE NORTHGATE MALL (tower doors) FOR 1:15</b>
1:15 Menu Planning	1:15 Gingerbread House Competition	2:15 Making a Wish List	1-2pm Skating	1:15-3:00 Christmas Shopping! *Don't forget to bring a list!*
1:45 Grocery Shopping at <b>Food Basics</b>			<b>Pick up 3pm at Memorial Gardens</b>	<b>Pick up 3pm at Tower Doors</b>
2:45 Putting Groceries away				

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Mon	Tue	Wed	Thu	Fri
12	13	14	15	16
<p><b>BOOK PARABUS TO ARRIVE AT NORTH BAY MALL (No frills entrance) FOR 9am</b></p> <p>*PADDLE Staff will be there at 8:30am*</p> <p>9:00 Menu Plan in Food Court</p> <p>10:00 Grocery Shopping at No Frills</p> <p><b>BOOK PARABUS TO RETURN TO CHIPPEWA FOR 11AM</b></p> <p>11:30 Putting away groceries: where do they go, and why?</p> <p>12:00 LUNCH</p> <p>1:15 Christmas Carol Song making book &amp; Carol singing</p>	<p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Baking for Christmas Tea</p> <p>11:30 Get Mov'in with Matt</p> <p>12:00 LUNCH</p> <p>1:15 Lifeskills: Babies 101 with Erin Reyce</p> <p>2:15 Games</p>	<p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Lunch Prep OR Book Club (Children's Classics)</p> <p>11:00 Elf yourself magnets!</p> <p>11:45 LUNCH</p> <p><b>BOOK PARABUS TO ARRIVE AT VALUE VILLAGE FOR 1:30</b></p> <p>1:30 Value Village Bargain Shopping!</p> <p>2:15 Coffee Break at Tim Hortons</p> <p><b>Pick up 3pm at Value Village</b></p>	<p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Lunch Prep OR Interactive Music</p> <p>11:00 Women's Wellness OR Men's Health</p> <p>12:00 LUNCH</p> <p>1:15 Crafternoon: making a Christmas Ornament</p>	<p>9:00 Good Morning</p> <p>9:30 Stretch/Calendar</p> <p>10:00 Act of Kindness</p> <p>10:30 Music</p> <p>11:15 Get Mov'in with Matt</p> <p>11:45 LUNCH</p> <p><b>Book Parabus to arrive at Partners Pool Hall for 1:30</b></p> <p>1:30 Pool at Partners</p> <p><b>COST: Pool games are covered by PADDLE, bring money if you would like to purchase a snack</b></p> <p><b>Pick up 3pm at Partners Pool Hall</b></p>

# DECEMBER 2016

Mon	Tue	Wed	Thu	Fri
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
9:00 Good Morning	9:00 Good Morning	9:00 Good Morning	<b>BOOK PARABUS TO ARRIVE AT GUIDO's FOR 9AM</b>	MOVIE AND PJ DAY!
9:30 Stretch/Calendar	9:30 Stretch/Calendar	9:30 Stretch/Calendar		LAST DAY OF PADDLE BEFORE CHRISTMAS BREAK!
10:00 Menu Planning	10:00 Baking for Christmas Tea	10:00 Lunch Prep	9-10:45am Breakfast at Guido's	
10:30 Grocery Shopping at <b>Food Basics</b>	11:15 Budgeting for Northgate Mall	11:30 LUNCH		See you on January 9 <sup>th</sup> ! Have a great Holiday!!
11:45 Putting away Groceries	11:45 LUNCH	<b>BOOK PARABUS TO ARRIVE AT SHRINER'S CLUB (1260 Brookes St.) for 12:45</b>	<b>BOOK PARABUS TO RETURN TO CHIPPEWA FOR 11am</b>	*everyone welcome to attend**
12:00 LUNCH	<b>BOOK PARABUS TO ARRIVE AT NORTHGATE SQUARE (tower doors) for 1:15</b>	1-3 PADDLE CHRISTMAS TEA	11:00 Lunch Prep	
1:15 Making Centerpieces for Christmas Tea	1:15 Shopping at Mall *good time to get any last min christmas shopping done!*	*parents, supports, friends! Join us for an afternoon of music, treats and holiday cheer!	12:00 LUNCH	
	<b>Pick up 3pm at Northgate Square Tower Doors</b>	<b>Pick up 3pm at Shriner's Club</b>	1:15 CAN DO Theatre with Michelle	
			2:15 Working on Newsletter	